



**CONNECTING GIRLS TO THEIR BEST SELVES,
TO HASHEM & TO THE WORLD**

Imagine a school where girls who once felt invisible
now feel welcomed.

Imagine a school where bullying doesn't exist because
girls who once bullied others now know how to
process pain.

Imagine a school where talking about self worth &
resilience isn't awkward.

**This isn't just a dream. This is the reality Kesharim
creates every day.**

**Kesharim is a program
for 6th to 8th graders
that turns social
emotional learning into
fun.**

**Kesharim has 9 skills that
begin with building each girl's
foundation of self worth and
develops into a beautiful
experience focused on
friendship and kindness.**

WHAT MAKES KESHARIM SUCCESSFUL:

- The curriculum is packed with age appropriate, understandable content.
- The lessons are actually fun!
- Each month's exercise builds the skills so girls practice it & own it.
- Kesharim empowers teachers and students to create a warm, safe space so everyone can thrive.

KESHARIM INCLUDES:

- A beautifully designed guidebook for each student.
- Monthly practice exercise for teacher follow up.
- Monthly raffles to incentivize participation.
- Beautiful end of year celebration for participants.

What you'll love most ~ seeing the changes in the social dynamics in school.

**Kesharim is the only SEL program delivered by a veteran educator who is
also a party motivator. The benefit? Students forget that talking about self
worth can feel awkward. They are drawn into the joy, acceptance and fun!**

BY #SARASQUAD