



**CONNECTING GIRLS TO THEIR BEST SELVES,  
TO HASHEM & TO THE WORLD**

Imagine a school where girls who once felt invisible now feel welcomed.

Imagine a school where bullying doesn't exist because girls who once bullied others now know how to process pain.

Imagine a school where talking about self worth & resilience isn't awkward.

**This isn't just a dream. This is the reality Kesharim creates every day.**

Kesharim is a program for 6th to 8th graders that turns social emotional learning into fun.

Kesharim has 9 skills that begin with building each girl's foundation of self worth and develops into a beautiful experience focused on friendship and kindness.

## **WHAT MAKES KESHARIM SUCCESSFUL:**

- The curriculum is packed with age appropriate, understandable content.
- The lessons are actually fun!
- Each month's exercise builds the skills so girls practice it & own it.
- Kesharim empowers teachers and students to create a warm, safe space so everyone can thrive.

## **KESHARIM INCLUDES:**

- A beautifully designed guidebook for each student.
- Monthly practice exercise for teacher follow up.
- Monthly raffles to incentivize participation.
- Beautiful end of year celebration for participants.

**What you'll love most ~ seeing the changes in the social dynamics in school.**

**Kesharim is the only SEL program delivered by a veteran educator who is also a party motivator. The benefit? Students forget that talking about self worth can feel awkward. They are drawn into the joy, acceptance and fun!**